Italian Stuffed Tomatoes Recipe

Serves: 4 | Prep Time: 30 Min | Cook Time: 60 Min | Difficulty: Easy



INGREDIENTS

- 8 Large Tomatoes
- 8 ounces (250 grams) Arborio Rice
- 8 ounces (250 grams) peeled Tomatoes
- 1 clove of Garlic
- 1 bunch of Basil
- 8 ounces (250 grams) Potatoes
- 1 Red Pepper
- Salt and Pepper to taste
- 8 Tb. Extra Virgin Olive Oil

DIRECTIONS

- Cut off the tops of the tomatoes and empty them with a small knife, being careful not to break the skin.
 Transfer the pulp into a bowl and save.
- 2. Add a few chopped basil leaves, a couple tablespoons of olive oil, a pinch of salt and the sliced garlic clove to the pulp.
- Depending on the size of the tomatoes, add the peeled tomato and blend everything together with a stick blender.
- 4. In a saucepan, heat a tablespoon of oil and then add the blended tomato mixture. Cook over a medium heat for 3-4 minutes. Add the rice to the tomato mixture and continue cooking for a couple more minutes, then remove from the heat and set aside.
- 5. Peel the potatoes and cut them into small cubes of about 1/2 inch (2 cm).
- Remove the seeds and stem and dice the pepper into pieces of about 1/2 inch (2 cm).
- Add olive oil to the bottom of a baking dish and add the diced potatoes and peppers, season with a little salt and pepper and mix well.
- Salt the inside of the emptied tomatoes and fill the tomatoes with the rice mixture up to the edge.
- Add the stuffed tomatoes to the pan with the potatoes and peppers making sure they are standing up.
- 10. Place the tomato tops on each tomato.
- 11. Add to a 350°F (190°C) preheated oven for about an hour.

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