Green Bean And Potato Frittata Recipe

Serves: 4 | Prep Time: 10 Min | Cook Time: 25 Min | Difficulty: Easy



INGREDIENTS

- 6 large Eggs
- 1 large Potato
- 6 ounces (160 grams) of Green Beans
- 2 large yellow Onions
- 1.5 ounces (40 grams) of grated Pecorino Romano Cheese
- 1 sprig of Basil
- Extra Virgin Olive Oil
- Salt to taste

DIRECTIONS

- 1. Peel the potatoes, wash it and cut them into 1/2 inch cubes.
- 2. Wash and trim the green beans, cut them into 1/2 inch pieces.
- 3. Peel the onions and cut them into a small 1/4 dice.
- 4. Add oil to the pan and sauté the beans and potatoes together for 8 minutes.
- 5. Add the onions to the potato and green beans, salt them and continue cooking for 2 more minutes.
- 6. Crack the eggs into a bowl, add a pinch of salt, the Pecorino Romano cheese and the chopped basil.
- 7. Beat the egg mixture with a fork or whisk.
- 8. In a clean non-stick pan, put it on low heat and drizzle some oil to coat.
- Pour in the vegetables evenly across the bottom of the pan.
- 10. Add the egg mixture and cook the frittata over a very low heat for about 6 minutes.
- 11. Run a spatula along the edge of the frittata to loosen it.
- 12. Flip the frittata and cook it for another 5 minutes.
- 13. Transfer the frittata to a serving plate, cut it into wedges and serve.

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