Espresso Panna Cotta

Serves: 6 | Prep Time: 25 Min | Cook Time: 25 Min | Difficulty: Easy



INGREDIENTS

- 8 ounces (230 ml) of Espresso Coffee
- 1 pint (16 oz or 500 ml) of Heavy Cream
- 1 Vanilla Bean Pod
- 3.5 ounces (100 g) of granulated Sugar
- 1/4 ounce (8 g) of Gelatin sheets
- 4 ounces of Dark Chocolate

NOTES

Try other toppings like milk chocolate or a caramel sauce, but stay away from the fruit toppings on this version.

DIRECTIONS

- 1. Brew 8 ounces of your favorite espresso coffee.
- Add the gelatin to cold water and allow it to bloom for 15 minutes.
- Slice the vanilla bean lengthwise and scrape out the seeds with a knife.
- 4. Add the cream, sugar, vanilla bean seeds and the pod itself to a pan and bring to a boil.
- Continue to stir the cream mixture to ensure it doesn't scald or burn. When it is lightly boiling and the sugar has dissolved completely.
- Remove the gelatin from the cold water and squeeze any water out of it. Add it to the cream mixture and stir to dissolve the gelatin. Add 2/3 of the brewed espresso to the cream mixture.
- When the gelatin has dissolved, pour the mixture through a fine mesh sieve and return it to the pan off the heat.
- 8. Pour the mixture into the forms you chose. I used a silicone muffin pan, but any tapered cup will work.
- Chill the cups in the refrigerator for at least 8 hours or overnight. While it is chilling, add the remaining 1/3 of the espresso to the dark chocolate and make a sauce.
- 10. Once it is firm, remove the panna cotta from the form, put on a plate and pour your coffee and chocolate topping all over it.

www.SaturdaysInRome.com